

What's next after Year 11?

Hampshire Futures careers team have an amazing programme of activities to help you over the summer. Whether that be making a late application to college, applying for an apprenticeship, or improving your employability skills for part time work. We are here to help!

Alongside the activities over summer, this newsletter seeks to provide you with helpful links and suggestions on applications, as well as caring for your mental health and other opportunities to get involved in.

Monday	Tuesday	Wednesday	Thursday	Friday
TED-Ed interactive careers videos	Our careers team are available via chat, email or phone	Careers resource activities	Our careers team are available via chat, email or phone	Live career events & wellbeing activities
				

Useful resources during the pandemic

- Latest Government guidance on [COVID-19](#)
- [Government Roadmap](#) to cautiously easing lockdown
- Guidance from the [NHS](#)
- [Face masks](#) are still compulsory in stores.
- Guidance for those seeking [Benefits](#)
- [Food Banks](#) provide for those in need. Here you can find one closest to you.

Schedule

The events will run Monday June 7 – Friday August 13 with a GCSE results service and our final live career event.

For more information on each activity and a weekly roadmap [click here](#).



Taking Care of Mental Health

It's important to look after your mental health. Below are some resources, apps and suggestions to help manage it. **Click each image** to find helpful tutorials, apps and websites aimed at self-care and fun distractions. **Please note, we are not responsible for content from 3rd parties and would recommend all apps are checked by a responsible adult and young people are supervised during use.**

Flying Start Hampshire

Please also visit [Flying Start Hampshire](#) where you will find further information and resources under the tab; 'Looking after your health & wellbeing'.

Help Lines

For help when struggling with Domestic Abuse: [The Hampton Trust](#)

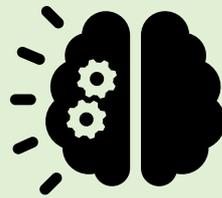
For someone to talk to when you need it most: [Samaritans](#)

Support for the LGBT+ community: [Galop](#)

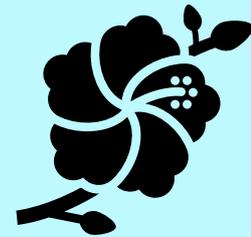
Mental Health support for Black people in the UK: [Young Minds](#)



Play games with
friends



Try Mindfulness
exercises



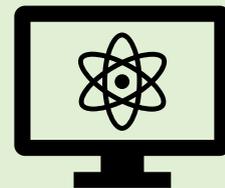
Spend time outside
in nature



Virtually explore museums
and historic sites



Explore the stars in a
Planetarium



Learn something
new

Apprenticeship Search Sites

The following sites help you find the ideal apprenticeship for you.

- All vacancies listed below were sourced from [Find an Apprenticeship](#), where you can find others in your area.
- To look for courses you may be interested in check out, [Apprenticeships](#)
- [Amazing Apprenticeships](#) is a new site with advice and vacancy listings

CVs, application forms, interviews and help to find apprenticeships or part time jobs

We have live events, career activities and interactive videos to help you. [Click here](#) for further information.

The Hampshire Careers Partnership have also developed a booklet; [Your Future, Your Options](#) which includes information on drafting a CV, completing an application form, activities to help you identify your personal skills & qualities and advice to help you prepare for an interview.

Even if you are not looking for an apprenticeship, this would be helpful when looking for a part time job.

Basingstoke

[Apprentice Childcare Level 2](#) at Blossom Day Nursery Limited

- An exciting opportunity to begin your career in childcare. Working with a friendly team you'll learn many aspects of caring for young children.
- **Closing date:** 10 June 21

[Chef Apprenticeship](#) at Stag & Hounds Harvester

- As an apprentice you will work in many aspects of the kitchen, serving high quality food.
- **Closing date:** 17 June 21

East Hants

[Beauty Therapist Apprentice](#) at The Greener Nail Bar Ltd.

- A great opportunity to receive training in multiple aspects of the trade and help out around the salon.
- **Closing date:** 01 July 21

[Maintenance & Soft Landscaping Horticulture Apprentice](#) at Location Landscapes LTD

- As an apprentice you to learn all aspects of planting trees, shrubs and herbaceous plants as well as keeping a domestic garden well maintained.
- **Closing date:** 25 June 21

Hart

[Heavy Vehicle Technician Apprenticeship](#) at Iveco Retail Limited

- As an apprentice, you will observe, learn and gain an understanding of a wide range of engineering skills and processes under the instruction of skilled staff.
- **Closing date:** 25 June 21

[Apprentice Commis Chef](#) at Foresters – Foresters

- A new opportunity to join a professional kitchen and learn everything about the trade and cook quality food.
- **Closing date:** 28 June 21

Rushmoor

[Apprentice Autocare Technician](#) at Tyre City

- A great opportunity to join a skilled team and learn every aspect of the trade to become an Autocare Technician.
- **Closing date:** 18 June 21

[Early Years Practitioner Apprentice](#) at Playdays Farnborough

- As an apprentice you'll work with a friendly team helping children aged from birth to five years.
- **Closing date:** 21 June 21

Test Valley

[Internal Sales Executive Apprentice](#) at Portway Domestic Appliances Limited

- A new opportunity to learn more about making sales and handling databases for a company.
- **Closing date:** 01 Aug21

[Commis Chef Apprenticeship](#) at The Hawk Inn

- As an apprentice chef you will assist in food preparation and help keep the kitchen tidy among other roles.
- **Closing date:** 21 June 21

Winchester

[Commis Chef Apprenticeship](#) at Running Horse

- A great opportunity to join a professional kitchen and help out in many areas of preparing and serving food.
- **Closing date:** 21 June 21

[Horticulture Apprentice](#) at Oak Tree Landscapes Limited

- As an apprentice you'll gain experience in multiple aspects of horticulture, alongside a skilled team in maintaining different gardens and landscapes.
- **Closing date:** 31 Jul 21



Schools Reopening

As colleges and schools have successfully reopened and the end of the academic year draws near, now is a good time to consider applying for college in September. If you're worried about returning to college, [Young Minds](#) have a wealth of information on managing mental health during COVID.

Help with applying to college

We have lots of information & resources to help you with you completing a college application including live events & resources. [Click here](#) for more information.

It's not too late to apply to some colleges!

Some colleges and sixth forms are still accepting applications to start a course in September. If you have not yet applied and would like to, please check out the college website (details below) and complete an application form. If you are not able to apply online contact the college as they may have a paper version you can complete.

Even if the deadline has passed for the college you would like to attend, contact them and ask if they would consider a late application. It can help to explain why you applying late.

Basingstoke

Basingstoke College of Technology: [Courses](#), [Virtual Open Event](#)
Queen Mary's College: [Courses](#), [Application Process](#)
Newbury College: [Courses](#), [Virtual Open Day](#)
Dove House Academy: [Post 16 information](#)

East Hants

HSDC Alton College: [College Information](#), [Apply Here](#)
Bohunt Sixth Form: [Courses](#), [Online Open Event](#)
Guildford College: [Courses](#), [How to Apply](#)
Farnham College: [Courses](#) [How to Apply](#)
Merrist Wood College: [Courses](#) [How to Apply](#)

Hart & Rushmoor

Farnborough College of Technology: [Courses](#), [Virtual Open Day](#)
Farnborough Six Form: [Courses](#), [Application Information](#)
Yateley Sixth Form: [College Information](#)

Test Valley

Andover College: [College Information](#), [Open Events](#)
Barton Peveril College: [Courses](#), [Open Events](#)
Wiltshire College, Salisbury: [Courses](#), [Virtual Open Events](#)

Winchester

Sparsholt: [Courses](#), [Open Days](#)
Eastleigh College: [Courses](#), [Open Events](#)
Peter Symonds: [Courses](#), [Application Process](#)



Extra Opportunities

As well as college, apprenticeships, jobs and online learning, there are many other organisations and courses available that may be of interest to you.

Recommended Programmes

[Traineeship Plus](#) can prepare young people for their future careers, helping them to move into further education, get ready for the world of work.

[Supported Internship](#) aims to prepare individuals for the world of work, and support them into their first paid employment.

Other Organisations

Through [Duke of Edinburgh](#) young people gain essential skills and attributes for work and life, enhancing CVs, uni and job applications.

[NCS](#) aims to give you a clearer idea of what you want from your future.

[Prince's Trust](#) provides multiple opportunities for young people wanting to gain experience and life skills.

[Wessex Dance Academy](#) offers the chance to gain experience as a dancer and performer with a cohort of other young people.

Military Preparation College

Hampshire is fortunate to have three Military Preparation Colleges (MPC), one based in Southampton, Aldershot and Portsmouth.

The unique focus on active learning at MPC inspires students to achieve their best. 50% of every day is spent learning outdoors or participating in physical training.

Through their active curriculum, MPC helps 16-19-year-olds develop their fitness, gain self-confidence and essential employability skills to prepare them for employment.

For more information and how to apply visit their website: [Military Preparation College](#)